



256-737-0911

www.rumorsdeli.com

f /rumorsdeli Instagram /rumorsdeli

601 4th St. SW  
Cullman, AL 35055

**EAT HERE...DIET AT HOME**

**SOMETHING DIFFERENT**

**CHICKEN SALAD CROISSANT**

Homemade chicken salad w/ lettuce & tomatoes.  
\$7.99 | Sandwich only - \$6.99

**\* THE LOW DOWN BLT**

BLT on wheat hoagie with lots of bacon, lettuce, tomatoes & mayo.  
\$7.59 | Sandwich only - \$6.59

**THE SNITCH**

*Possibly the best meatball sandwich you will ever eat!*  
Three cheese meatballs, delicious marinara, provolone & Parmesan cheese on a hoagie.  
\$7.59 | Sandwich only - \$6.59

**ALOHA**

Honey ham, mustard, mayo, onions, pineapple, green peppers, provolone & Parmesan cheese on an onion bun with our Aloha sauce.  
\$7.59 | Sandwich only - \$6.59

**\* BLABBERMOUTH**

Pastrami, Swiss cheese & spicy brown mustard on rye.  
\$6.99 | Sandwich only - \$5.99

**MUFFALETTA**

*The best you will ever eat!* Salami, ham, homemade olive salad, onions, pepper jack & provolone cheese.  
\$9.99 | Sandwich only - \$8.99

**SIDES**

Your Choice - \$1.29 each

**POTATO SALAD**

Made with onions, eggs, mustard, mayo & sweet pickle relish.

**GREEK PEPPER SALAD**

Includes diced tomatoes, cucumbers, green peppers, cheese, onions, Ramen noodles & Greek pepper sauce

**CRUNCHY SALAD**

Made fresh with cabbage onions, almonds, sesame seeds, Ramen noodles & sauce.

**CHIPS**

Plain or BBQ Lays, Baked Sour Cream & Cheddar, Baked BBQ, Sun Cheddar, Miss Vickie's (Jalapeno or Sea Salt & Vinegar)

**WRAPS**

**CHICKEN RANCH**

Grilled chicken, bacon, Swiss cheese & ranch dressing in a tomato basil wrap w/ lettuce & tomato.  
Wrap & side - \$7.99 | Wrap only - \$6.99

**HOT TOPIC**

Flour wrap with fajita chicken, lettuce, tomato, pepper jack & Rumors' secret blazing creamy hot sauce.  
*You have been warned!*  
Combo - \$8.59 | Wrap only - \$7.59

**RUMOR WEED**

Stuffed with onions, peppers, cucumbers, lettuce, tomato, olives, mushrooms and our own Rumor Weed dressing.  
Grilled or Cold - Add Chicken - \$3.00  
Combo - \$6.99 | Wrap only - \$5.99

**\* CLUB WRAP**

Ham, turkey, bacon, lettuce, tomato, provolone & Creole mustard sauce in a tomato basil wrap.  
Combo - \$7.99 | Wrap only - \$6.99

**WRAP SESSION**

Smoked turkey & provolone topped with Italian or cranberry honey mustard dressing in a flour wrap w/ lettuce & tomato.  
Combo - \$6.59 | Wrap only - \$5.59

**\* LOW CARB ROAST BEEF**

Roast beef, provolone, lettuce, tomato, onions, peppers & horseradish sauce in a low carb wheat wrap.  
Combo - \$7.59 | Wrap only - \$6.59

**LOW CARB TURKEY**

Smoked turkey, bacon, lettuce, tomato, smoked cheddar & chipotle sauce in a low carb wheat wrap.  
Combo - \$7.59 | Wrap only - \$6.59

**BEVERAGES**

<b>PEPSI PRODUCTS</b>	<b>\$1.99</b>
<b>SWEET OR UNSWEET TEA</b>	<b>\$1.99</b>
<b>BOTTLED WATER</b>	<b>\$1.39</b>
<b>COFFEE - REGULAR OR DECAF</b>	<b>\$1.39</b>

**TO GO · DINE IN · CATERING**

## HEATED SANDWICHES

Served on your choice of wheat or white hoagie, onion bun, rye or wrap. Gluten Free +\$.99

double meat - \$3.00 | add bacon - \$.99 | extra cheese - \$.99  
add lettuce, tomatoes and other condiments - \$.60

### MOUTH OF THE SOUTH

Ham, turkey, roast beef, onions, peppers, olives, mushrooms, lettuce, tomatoes, three cheeses, mayo, spicy brown mustard & our special sauce.

Whole Sandwich Combo - \$10.59 | Half Combo - \$8.59  
Whole Sandwich Only - \$9.59 | Half Only - \$7.59

### TALK OF THE TOWN - THE REUBEN

Corned beef, Swiss cheese, kraut, onions, mayo & spicy brown mustard on rye.

Combo - \$8.59 | Whole Sandwich only - \$7.59

### THE RUMOR

Ham, Genoa salami, peppers, onions, mayo, spicy brown mustard, lettuce, tomatoes, Italian dressing & provolone cheese.

Whole Sandwich Combo - \$7.59 | Half Combo - \$5.59  
Whole Sandwich Only - \$6.59 | Half Only - \$4.59

### \* TATTLETALE

Smoked turkey, cheddar & mayo.

Whole Sandwich Combo - \$7.59 | Half Combo - \$5.59  
Whole Sandwich Only - \$6.59 | Half Only - \$4.59

### LIAR LIAR

Grilled chicken, pineapple, roasted red peppers, pepper jack & provolone cheese with a mango habanero sauce.

Whole Sandwich Combo - \$9.59  
Whole Sandwich Only - \$8.59

### \* THE SCOOP

Roast beef, provolone cheese, mayo & au jus.

Whole Sandwich Combo - \$7.59 | Half Combo - \$5.59  
Whole Sandwich Only - \$6.59 | Half Only - \$4.59

### \* HEARSAY

Honey ham, Swiss cheese, mayo, spicy brown mustard, lettuce & tomatoes.

Whole Sandwich Combo - \$7.59 | Half Combo - \$5.59  
Whole Sandwich Only - \$6.59 | Half Only - \$4.59

### THE GOODS

Salami, ham, bologna, mayo, spicy brown mustard & provolone cheese.

Whole Sandwich Combo - \$7.59 | Half Combo - \$5.59  
Whole Sandwich Only - \$6.59 | Half Only - \$4.59

## DESSERTS

Homemade Key Lime Pie - *Better than in the Keys!*  
\$3.59

Miss Isabel's Secret Chocolate Peanut Butter Pie  
\$3.29

Cheesecake - Plain, Blueberry, Strawberry, Cherry  
\$3.59

Conversation Piece - Chocolate Chip Blondie  
\$1.59

Ralph Cookies - no bake.  
\$1.59

## PANINI

### CAPRI

Pesto, fresh mozzarella & tomatoes on panini bread.  
Combo - \$8.99 | Sandwich only - \$7.99  
add Chicken - \$3.00

### RASPBERRY TURKEY

Smoked turkey, cheese, onions, raspberry Dijon sauce and lettuce on ciabatta bread.

Combo - \$8.59 | Sandwich only - \$7.59

### \* CHICKEN JOE BLUES

Grilled chicken, blue cheese, white BBQ sauce, caramelized onions & spring mix on ciabatta bread.

Combo - \$8.99 | Sandwich only - \$7.99

### THE CHATTERBOX

Homemade pimento cheese & tomatoes grilled on panini bread.

Combo - \$7.59 | Sandwich only - \$6.59

### \* THE CUBAN

Ham, pork loin, cheese, dill pickles & Creole mustard sauce on panini bread.

Combo - \$7.59, Sandwich only - \$5.59

### ULTIMATE GRILLED CHEESE

American, smoked cheddar, provolone & swiss cheeses.

Combo - \$6.59 | Sandwich only - \$5.59  
add Bacon - \$.99

### \* BARBECUED BRISKET

Tender juicy beef brisket, BBQ sauce & cheddar cheese.  
Served on a grilled hoagie.

Combo - \$10.59 | Sandwich only - \$9.59

## SOUP & SALAD

### GRILLED CHICKEN SALAD

Grilled chicken, bacon, cheese, tomatoes, & green onions w/ a fresh spring mix.  
\$7.99

### SPINACH PECAN

Grilled chicken, dried cranberries, candied pecans, feta cheese & Mandarin oranges w/ fresh spinach leaves.  
\$7.59

### \* CHEF SALAD

Bacon, turkey, ham, tomatoes, cucumbers, green peppers, onions, olives, mushrooms & cheese w/ a fresh spring mix.  
\$7.59 | Half - \$4.59

### HOMEMADE CHICKEN SALAD

Chopped chicken breast, apples, relish, egg & mayo mixed together and served on a bed of spring mix w/ tomato wedges.  
\$6.99

### \* WEIGHT LOSS

Grilled chicken, tomatoes, cucumbers, mushrooms, green peppers, green onions, croutons & cheese w/ a spring mix.  
\$7.99

### SOUP SPECIALS

Bowl \$4.29 | Cup \$3.29

Cup of Soup & Half Ham, Turkey or Roast Beef Sandwich.  
\$7.99

Cup of Soup & Half Chef Salad.  
\$7.49

Bowl of Soup & Grilled Cheese Sandwich.  
\$7.99